

Product	Serving Size	Gluten Free	Sodium	Sugar	Natural Flavor	Carbs	Calories
3.5oz Rubs							
Salmon	1 tsp.	X	130 mg	2 g		2 g	10
Steak	1 tsp.	X	220 mg	1 g		2 g	10
Chicken	1 tsp.	X	210 mg	1 g		2 g	10
Pork	1 tsp.	X	160 mg	1 g		2 g	10
Smoky BBQ	1 tsp.	X	200 mg	1 g		2 g	10
Veggie	1 tsp.	X	270 mg	0 g		1 g	10
Seafood	1 tsp.	X	160 mg	1 g		2 g	10
Peri Peri	1 tsp.	X	300 mg	0 g	X	2 g	10
Chinese 12 Spice	1 tsp.	X	150 mg	2 g	X	2 g	10
Spicy Tokyo	1 tsp.	X	300 mg	0 g	X	1 g	10
Bengal Masala	1 tsp.	X	210 mg	1 g		2 g	10
Mushroom	1 tsp.	X	310 mg	0 g	X	1 g	10
Smoked Paprika	1 tsp.	X	0 mg	0 g		0 g	10
Crab Cake Mix	1 tsp.	X	250 mg	0 g	X	1 g	10
Roast	1 tsp.	X	220 mg	0 g		1 g	10
Turkey	1 tsp.	X	270 mg	1 g		2 g	10
8oz. Mustard							
Toasted Shallot	1 tsp.	X	75 mg	< 0.5 g	X	< 1 g	10
BBQ Sauces							
Ancho & Molasses	2 Tbsp.		260 mg	11 g		13 g	50
Kansas City Style	2 Tbsp.	X	150 mg	6 g		7 g	30
Teriyaki Sauces							
Ginger Pineapple	1 Tbsp.		150 mg	6 g		7 g	30
Triple Garlic	1 Tbsp.		150 mg	6 g		7 g	30

Natural Flavor (Rubs) - indicates real lemon, NOT artificial

Natural Flavor (Mustard) - indicates real shallot, NOT artificial

Mustard & Sauces produced in a facility that handles peanuts, tree nuts, eggs, milk, wheat, soy, fish.

*All products suitable for Vegetarians

No Sugar



www.tomdouglas.com

2030 5th Ave.

Seattle, WA 98121

(206)448-1193

Carol Baush, Product Manager

carol@tomdouglas.com

Dana Kemmerling, Natl. Sales Manager

danak@tomdouglas.com